

# Charnwood Athletic Club

## Open Meetings Fixture List 2008

### Sunday 20th April 2008

Open Graded Warm Up Meeting - First Event - Field 11.00am, Track 12.00noon  
Events for all age groups from Under 11 to Veterans (subject to UK Athletics rules)

Races graded on submitted timed performances

Cost - £1.50 per Event before the day, £3.00 per Event on the day

100m, 200m, 400m (300m for U/15 Girls & U/17 Ladies), 800m, 1500m, 3000m, Sprint Hurdles, 400m Hurdles  
(300m Hurdles for Ladies U/17), Hammer, Discus, Javelin, Shot, Long Jump, High Jump, Triple Jump, Pole Vault

Some Events not available for certain Age Groups, please see separate notice

### Wednesday 21st May 2008

Open Graded Meeting - First Event 6.45 (Races graded on submitted timed performances)

Events for all age groups from Under 11 to Veterans (subject to UK Athletics rules)

Cost - £1.50 per event before the day, £3.00 per event on the day

100m, 200m, 800m, 3000m (no Under 11's or Under 13's), Discus, Shot,  
Long Jump (Females only), High Jump (Males only), Pole Vault (no Under 11's or Under 13's)

### Wednesday 18th June 2008

Open Graded Meeting - First Event 6.45 (Races graded on submitted timed performances)

Events for all age groups from Under 11 to Veterans (subject to UK Athletics rules)

Cost - £1.50 per event before the day, £3.00 per event on the day

100m, 200m, 400m (no Under 11's or Under 13's), (300m for U/15 Girls & U/17 Ladies), 1500m, Javelin,  
Shot, Long Jump (Males only), High Jump (Females only), Triple Jump (not Under 11's or Under 13's)

### Wednesday 23rd July 2008

Open Graded Meeting - First Event 6.45 (Races graded on submitted timed performances)

Events for all age groups from Under 11 to Veterans (subject to UK Athletics rules)

Cost - £1.50 per event before the day, £3.00 per event on the day

100m, 200m, 400m (Not Under 11's or Under 13's), (300m for U/15 Girls & U/17 Ladies), 1500m, Hammer,  
Shot, Long Jump (Females only), High Jump (Males only), Pole Vault (not Under 11's or Under 13's)

### Wednesday 20th August 2008

Open Graded Meeting - First Event 6.45 (Races graded on submitted timed performances)

Events for all age groups from Under 11 to Veterans (subject to UK Athletics rules)

Cost - £1.50 per event before the day, £3.00 per event on the day

100m, 200m, 800m, 3000m (not Under 11's or Under 13's), Discus, Shot,  
Long Jump (Males only), High Jump (Females only), Triple Jump (not Under 11's or Under 13's)

### Sunday 31st August 2008

Open 'Stars of the Future' Meeting - First Event 12.00 (medals to 1st 3 in each event)

Events for age groups Under 11, Under 13, Under 15, Under 17 and Under 20's

Cost - £2.50 for one event, £4.50 for two events, £6.00 for three events

100m (75m for U/11), 200 (150m for U/11), 400m (300m for U/15 Girls & U/17 Ladies), 800m, 3000m  
Sprint Hurdles, Javelin, Discus, Shot, Long Jump, High Jump, Triple Jump, Pole Vault

Some events not available for certain age groups - please see separate notice

**NOTE: CLOSING DATE FRIDAY 22nd AUGUST - NO ENTRIES ON THE DAY WILL BE ALLOWED**

**Charnwood AC will donate 50p to Rainbows Hospice for every entrant at every meeting.**

For fuller details or entry forms contact:-

Ivan Taylor (meetings organiser), 19 Chestnut Close, Shepshed, Leics. LE12 9PH  
(enclosing SAE please)